

About the EQUALS-Her Digital Skills e-Mentorship Programme

Dear Mentor,

Welcome to the Her Digital Skills e-mentorship programme!

The Her Digital Skills (e-)mentorship programme connects the identified skills development needs of mentees (girls and young women aged 18 to 25 who participate in EQUALS Her Digital Skills workshops) with mentors (professionals from different sectors) who contribute their professional and personal skills to supporting and guiding the mentees on their learning and career paths.

The goal of the Her Digital Skills e-mentorship programme is to enable mentees, through the mentee-mentor relationship, to develop valuable soft skills that will boost their employability, and also to familiarise themselves with the world of professional employment. Additionally, the programme aims to help the girls and young women develop their self-confidence and embrace their professional ambitions.

Mentor-mentee exchanges take the form of written correspondence and mentors and mentees follow a “soft skills syllabus”, which consists of a series of topics devoted to the development of crucial soft skills. You will find the full syllabus on your dashboard.

In general, the time commitment required of mentors for the soft skills e-mentorship programme is approximately 1 hour per week maximum (to read and respond to your mentee’s letters), over an 8-week period.

Mentors and mentees are guided throughout the entire mentoring process by our e-mentorship programme coordination team.

As a mentor, you will receive:

- e-Mentoring guidelines;
- The e-Mentorship soft skills programme indicating the weekly topics (for the 8-week program) and providing guidelines and tips to help you write your weekly letter to your mentee, as well as online resources to facilitate and enrich your exchanges with your mentee and ensure a successful e-mentoring experience;
- An introductory email about your mentee, including photos, and information about the specific sociocultural context in which your mentee is living and studying; and
- Weekly emails from your e-mentee.

Upon the successful completion of the 8-week EQUALS Her Digital Skills e-Mentorship programme, you will receive an EQUALS Her Digital Skills e-Mentorship Badge certifying your participation in the programme.

Before starting the programme, we invite you to explore the e-mentoring guidelines, with frequently asked questions, and the full soft-skills syllabus. You will find further instructions concerning each weekly topic in your “Weekly Topics” tab.

Our team will be available to guide you throughout the 8-week programme: we will be happy to answer any remaining questions you might have and provide any support you need. You can contact our team at any time via your mailbox where you’ll be automatically connected to your programme coordinator.

The Her Digital Skills e-mentorship programme is an innovative and rewarding opportunity for professionals to contribute their skills, as mentors, to coach and guide girls and young women (the mentees) on their learning and professional journey. We sincerely hope you’ll enjoy your e-mentoring journey with Her Digital Skills and find it a rich and rewarding experience!

The Her Digital Skills E-Mentorship Programme Team